



Part  
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## Can Amazon Deliver Happiness?

This past weekend Pastor Ken continued the series about questions that are connected to and flow out of the technology in our everyday life called *Questions of Silicon Valley*. During this series we would like to invite you to go through these points with someone at work, your family, or find a place to do it alone or with a friend. Let's grow and do life together.

... whatever you do, do it to the glory of God. 1 Corinthians 10:31

1. The human heart is hungry for happiness but how can we find it? The starting point to find a profound sense of joy is becoming a follower of Jesus (read Psalm 4:7 and John 15:11). God delivers joy through the power of His presence as we practice His principles.
2. One principle for more happiness is to choose to have a different mindset (read Psalm 34:1, 1 Thessalonians 5:18 and James 1:2-4). Learn to be grateful and to refuse to have a pity party. Instead, take the trial you are in as a test that will deliver you to the next level, a new opportunity or to be a steppingstone instead of a stumbling block. Pastor Ken challenged us to join him on a Gratitude Journey every day for the next 7 days. Look for something that you can be grateful for and express that gratitude to God and to others who blessed you.
3. The second thing that can deliver more happiness is by letting go of bitterness and resentment (read Ephesians 4:31-32). Is there someone that you need to forgive today? Do it now and then let it go.
4. The third thing that can deliver more happiness is finding ways to bless other people. Some people are thinking if they could just get one more box from Amazon, they will be happy, but Jesus said, "it is more blessed to give than to receive." When you bless, or serve, or give it triggers an area in your brain that increases your happiness (read Proverbs 11:25). Where can God use your time, your passion, and the gifts that He has given you to bless or serve others this week?

Close in prayer