



Anger is NOT a sin, but...

In your anger do not sin...

- Ephesians 4:26

Anger can.... Anger will...

We have choices

Stop being mean, bad-tempered, and angry. Quarreling, harsh words, and dislike of others should have no place in your lives. Instead, be kind to each other, tenderhearted, forgiving one another, just as God has forgiven you because you belong to Christ.

- Ephesians 4:31 LB