

STEPS

Part 4

Making Changes

Pastor Ken continued the series *Steps* inspired by John Ortberg's book. We are looking at how Jesus helps people get unstuck. We invite you to join us to take your next step forward with someone at work, your family, or find a place to do it alone or with a friend. Let's grow and do life together during this series.

"Being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus." Philippians 1:6

1. Resurrection power changes us from the inside out helping us to overcome hurts, habits and hangups by learning new ways and patterns to recreate our lives (read 2 Corinthians 5:17). There are five different powers to help you to put yourself in a position to succeed and the first one is the power of focus (read Matthew 6:25-34). Focus on one change at a time one day at a time. What is the difference between planning and worrying? What lesson can we learn from the birds and from the lilies?
2. The second strategy is the power of vision (read Genesis 32:15 and Luke 10:19). See who you want to become and that view will shape your identity. The third power is the power of one degree (read Joshua 3:13 and Mathew 17:20). One degree course correction in your life over time can end up being a very big one. What is one small step of faith you can take to change a habit that is holding you back?
3. The fourth strategy is the power of accountability (read Ecclesiastes 4:9-10). Find someone you can trust and open up to. Someone who will pray with you, believe in you, wants the best for you, help you, and will hold you accountable. If the enemy of your soul can isolate you, he is on his way to defeating you. There is power when we are together.
4. Finally, there is the power of perseverance (read Hebrews 12:1-3). Do not give up on yourself, God hasn't given up on you. God is going to help you. If you have perseverance and keep your eyes on Jesus, one day you will overcome.

Close in prayer